

Ulster Gastroenterology, PLLC

Ulster Endoscopy Care PLLC

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Patients Name: _____

Date: _____ Arrival Time: _____

EGD (Upper Endoscopy)

1. The day before your procedure have a LIGHT dinner, NO Roughage (raw vegetables). DO NOT EAT any later than 6PM.
2. You may have clear liquids up until midnight, NOTHING after midnight.
No water, gum, candy or mints.
3. You may take your Cardiac, Blood Pressure, pain and/or anxiety medication the morning of your procedure with a TINY sip of water. If your Blood pressure medication is an ACE INHIBITOR, DO NOT TAKE.
4. You **MUST** have a ride home. Taxis are **NOT** allowed.
5. Female patients between the ages of 14-55 will be asked to complete a urine pregnancy test at the facility before receiving sedation.
6. If you have any dental problems, please check with your dentist about your dental health before you schedule your endoscopy appointment.

*Check your blood sugar in the morning of your procedure, if it is higher than 250 take half of your dose of insulin, if it is lower than 250 do not take your insulin.